

2025 SUMMER
LEADERSHIP
PROGRAM

SLP



Session 1

Orientation: May 21, 3–5 p.m.

Weekly Sessions: Wednesdays, May 28 – June 25, 7:45 a.m.

Session 2

Orientation: June 24, 3–5 p.m.

Weekly Sessions: Wednesdays, July 9 – August 6, 7:45 a.m.

WHO

Interns and new hires ages 21–32

WHAT

A 5-week Summer Leadership Program offering tours, speakers, workshops, and networking to help young professionals grow as leaders and connect with the Lakeland community.

WHY

Build leadership skills, network with peers and local leaders, and explore all Lakeland has to offer.

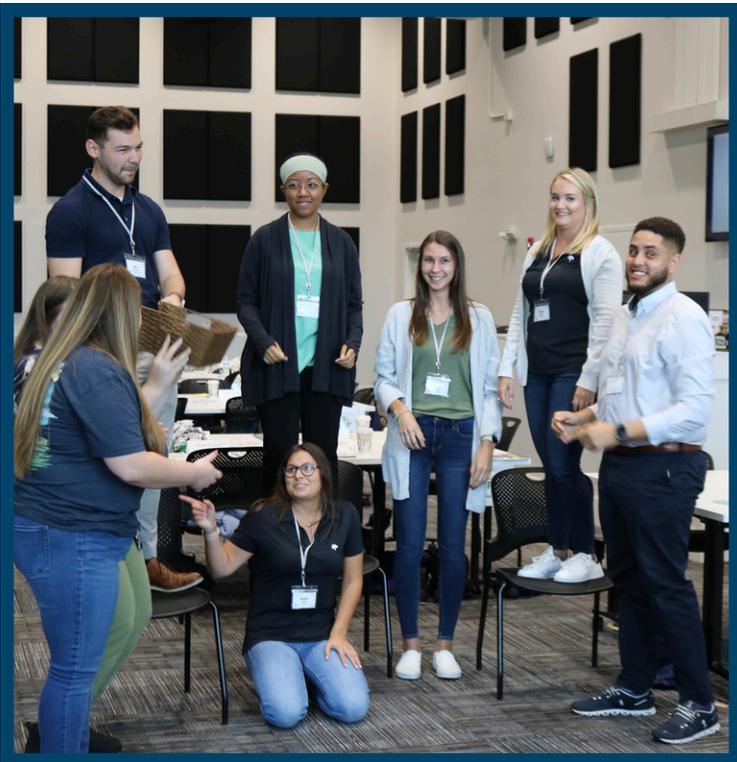
WHERE

Catapult Lakeland (502 E Main St) and various local sites

WHEN

7:45 a.m. to 5 p.m. with evening socials. Participants choose one of two sessions.





Orientation

Welcome to SLP! The program will kick off with an orientation with the participant and their supervisor to allow for a getting-to-know you session in addition to expectation setting and a program overview. That way everyone begins the program on the same page.

- Time: 3–5 p.m
- Location: Catapult Lakeland, 502 E Main St, 2nd Floor Assembly Room

Team Building

Today's focus is on key challenges and opportunities for young professionals. Workshops will cover leading from any level and understanding your personality style to improve conflict resolution, communication, influence, and productivity at work.

- Time: 7:45 a.m. – 5 p.m.
- Location: Catapult Lakeland

Quality of Life & Neighborhoods

Today is about experiencing the unique charm and lifestyle that Lakeland has to offer, connecting with local business owners, and getting insights into Lakeland's neighborhoods and amenities.

- Time: 7:45 a.m. – 5 p.m.
- Location: Catapult Lakeland



Servant Leadership & Community Service

Today is about giving back and making a difference in the Lakeland community. This hands-on experience will highlight the power of servant leadership through meaningful volunteer work and community engagement.

- Time: 7:45 a.m. – 5:00 p.m.
- Location: Haus820

Economic Development & Entrepreneurship

Today is about exploring the driving forces behind Lakeland's economic growth and entrepreneurial spirit. This experience will provide valuable insights into Lakeland's thriving business ecosystem.

- Time: 7:45 a.m. - 5:00 p.m.
- Location: Catapult Lakeland

Leadership Training

Today brings everything together with a hands-on workshop led by nationally recognized leadership trainer Sam Davidson. He'll guide participants in building their own communities, at work or beyond. The program wraps up with an awards reception and graduation ceremony at 4 p.m., with supervisors encouraged to attend.

- Time: 7:45 a.m. - 5:00 p.m.
- Location: Catapult Lakeland



OUTCOMES

Trainings

As emerging leaders, you'll take part in interactive workshops on sharing your story, conflict resolution, and goal setting—all designed to prepare you for workplace success.

Speakers

Lakeland is home to many impactful leaders. You'll hear from them on key topics like community, finances, diversity, and leadership.

Tours

To be an effective leader, you must understand your community. We'll take several tours to explore the local community and industries, helping you connect with the place you call home.

Socials

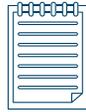
After each day, you'll enjoy food and activities in a relaxed setting, providing a great opportunity to connect with fellow participants.

EXPECTATIONS



Attire

Participants will be provided an SLP polo shirt to facilitate business casual attire.



Participation

Be present! Use this time to network, build friendships, and learn!



Cell Phone Use

Only during designated breaks.



Attendance

Must be present every week, no exceptions.



Weather

Rain or shine, be prepared! Dress appropriately for the weather.



Punctuality

Arrive on time - no later than 7:45 a.m.

GET INVOLVED



STEP 1:
REGISTER BY
APRIL 15th

Contact Lexi Hedrick OR fill out the form by scanning this QR code.



STEP 2: PAY

Fee: \$500 per participant, sponsored by your company.

Payable to:
Lakeland Economic Development Council
502 E. Main Street,
Lakeland, FL 33801

Invoicing available



STEP 3:
CONNECT

Once registered, you'll receive further ways to connect with other SLP participants!

QUESTIONS?

LEXI HEDRICK
(O) 863.687.3788
slp@lakelandedc.com